

**DIRECTIONS GIVEN UNDER
THE HUMAN FERTILISATION AND EMBRYOLOGY ACT 1990**

Multiple Births Minimisation Strategy

Ref: D.2008/5

These Directions are:	GENERAL DIRECTIONS
Section of the Act providing for these Directions:	Sections 12(1) (d) and (g); 13(2) (a), (b) and (f)
these Directions come into force on:	1 st January 2009
these Directions remain in force:	Until revoked

1. Licensed centres shall maintain a documentary record of the licensed centre's Multiple Births Minimisation Strategy ("the strategy"); the outcome of regular audits and evaluations of the progress and effectiveness of the strategy ("the audit"); and a summary log of cases in which multiple embryos have been transferred to a patient who meets the criteria for single embryo transfer as set out in the strategy.
2. Licensed centres shall, no later than 31st January 2009, provide a copy of the strategy to the Authority.
3. Licensed centres shall provide the Authority with a copy of the audit, and the summary log, on request.
4. The form of the strategy shall be as follows:
 - (a) a section identifying suitable cases for single embryo transfer (SET), including criteria in relation to embryo assessment and patient selection criteria; and
 - (b) a section identifying how the centre aims to reduce its annual multiple birth rate and to not exceed a maximum rate of 24% of the annual live birth rate for the centre; and
 - (c) a section setting out any other relevant matters that the centre wishes to include as part of its strategy.
5. The form of the summary log shall be as set out in Schedule 1 to these Directions.

6. Where multiple embryos have been transferred to a patient who meets the criteria for single embryo transfer as set out in the strategy, the licensed centre shall record this fact in the patient's medical records together with:

- a) a clear explanation of the reasons for transferring more than one embryo in that particular case; and
- b) a note confirming that the risks associated with multiple pregnancy have been fully discussed with the patient.

Chair of Regulation Committee in accordance
with delegated powers granted by the Authority
on the 20th February 2008

Date: _____

SCHEDULE

Summary log of cases in which multiple embryos have been transferred to a patient who meets the criteria for single embryo transfer, as set out in the centre's minimisation strategy

(To be completed by Person Responsible)

NAME

CENTRE

CENTRE No...

Data collection period: From: To.....

Procedure details

Patient number	Date of transfer	Reason for > 1 embryo transfer	Was the patient informed of the risks of multiple pregnancy?	Number of fetal hearts detected in early scan	Outcome of pregnancy

SIGNED

(Clinical Practitioner)

DATE

SIGNED

(Person Responsible)

DATE